



# Mediation in action

## CUDSA

### A helpful model for mediation

- C**onfront      The problem. Acknowledge clearly that there is a problem.
  
- U**nderstand      What exactly is the problem?
  
- D**efine      Find a mutually agreed definition of the problem.
  
- S**earch      Generate and evaluate options for dealing with the problem.
  
- A**gree      Agree upon and implement the solution. Review progress.